

Wesley Ashberry Twilight 5K Run/Walk

Entry Fees

\$25.00 Race only
 \$10.00 Dinner only*
 \$30.00 Race &
 Dinner Combo*

*Dinner includes
 BBQ, baked beans,
 coleslaw, rolls and
 iced tea

Williams Wharf Landing
 Mathews, VA

Date: Saturday, June 19, 2010

Start Time: 4:00 P.M.

BBQ dinner and music to follow race

Pre-register by: June 5, 2010

Race Day Registration and Packet
 pickup: 3:00 P.M. at Williams Wharf
 Landing

Age Groups

9 and under;
 10-13; 14-17;
 18-29; 30-39;
 40-49; 50-59;
 60+

**NO RAIN DATE
 NO ENTRY FEE REFUNDS**

- The race begins and ends at Williams Wharf Landing (end of Rt. 614). It is a flat out-and-back course on rural roads with little traffic. There is one water station which is passed twice along the route.
- Trophies will be presented to the top three overall finishers, male and female.
- Race medals will be presented to the top three age group finishers, male and female.
- T-shirts guaranteed to all pre-registered runners; to others while supplies last.
- Drawings for free prizes – must be present to win.
- **ALL PROCEEDS TO BENEFIT THE DENBIGH HOUSE**

Mail form and entry fee to:

Theresa Ashberry 804-725-2829
 P.O. Box 102 804-815-8495
 Cobbs Creek, VA 23035 tashberry@rivnet.net

Name _____

Address _____

Phone _____ Gender _____

Email address _____

T-shirt Size S M L XL

Youth T-size S M L XL age on race day _____

Race only (\$25) _____ Dinner only (\$10) _____

Race and dinner combo (\$30) _____

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting entry, I, for myself and for anyone entitled to act on my behalf, waive and release the County of Mathews, the Denbigh House, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion picture recordings, or any other record of this event for a legitimate purpose. In consideration of the safety of all participants, no baby joggers, baby strollers, headphones, animals on leashes, skateboards, or skates permitted.

Signature _____ Date _____

Parent or guardian signature if participant is under 18 years of age